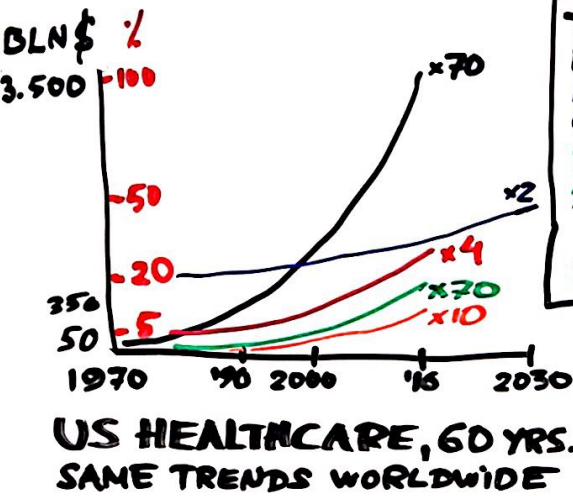


# HEALTH PARADOX & PARADIGM ➔

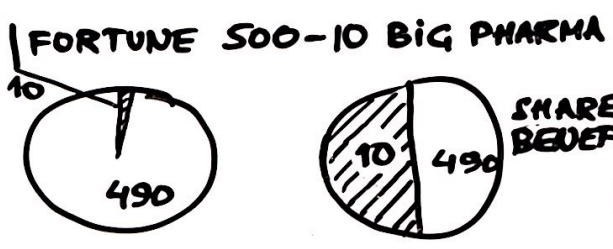
## QUESTION OF RESPONSIBILITY



TOTAL NAT. HEALTH EXPEND. LIFETIME % CANCER INCID. PRESCRIPTION DRUGS EXP. HEALTH % GDP DIABETES %



WHY?



### PARADOX-NOW

ASPECTS OF LIFESTYLE:  
- MENTAL, STRESS  
- NUTRITION  
- BREATHING  
- MOVEMENT  
- IMMUNITY

### PARADIGM-SHIFT EDUCATION

